

## Healing Palms Spa



313 North Main  
Street  
Austin, MN 55912  
507-434-4046

September 2011 Newsletter  
*Providing Healthy Choices!*

### SERENITY

A delightful way to get rid of dry skin that is coming so early to everyone this year. SERENITY-An Organic Body Mask, Personal Sauna Session, Face/Scalp Massage, Moisturizing body butter massage  
**ONLY \$55**



### September Dry Skin Relievers

Chocolate Truffle Coffee Body Polish \$40  
Coffee and chocolate come together in this delightful body scrub. Relieves dry skin while increasing circulation and detoxification. It tones and tightens the skin and stimulates collagen for smoother, firmer looking skin.

### Massage For Health

Did you know that getting regular massages can improve your overall health and well-being? Receiving massages every 3-6 weeks will help improve circulation, flexibility, mental clarity, reduce stress and fatigue or even help fibromyalgia, arthritis and much more. In order to get these benefits from massage, the massage must be firm enough to impact the muscle and push out toxins. Contact your massage therapist at Healing Palms Spa if you would like to set up a continuing health and wellness program like this. All of our services are designed to reduce your contact with harmful chemical products and improve overall health.

### \$39 1 hour Massage

For anyone who has not had this price yet  
Not valid with any other offers or on gift certificate redemption or purchase. Must present coupon to receive discount. Price does not include sales tax. Expires 10-15-2011  
507-434-4046

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Hair Tinsel and Feathers are coming to Healing Palms Spa's Salon just in time for Homecoming! Express yourself in your own unique way with this HOT new fashion. Feathers can be worn for up to 4 months and

can be washed and styled. Visit with one of our stylists for details. 1 Feather-\$15; 2 Feathers \$25. Tinsel: 15 Strands for \$20. A portion of each sale will be donated for breast cancer research to Susan G. Koman.



2 for 1

## Full Set Acrylics

Healing Palms Spa

Bring in a friend and both receive  
1st set of Acrylics at 1/2 price  
Offer not valid with any other discounts, based on 2 people booking on the same

Expiration Date: 10-01-11

### Children's Menu

Did you know at Healing Palms Spa we want to help you raise healthy happy kids, so we created a unique menu just right for your budget. Children must be accompanied by a parent. Prices are for children 17 and under in September.

#### My First Pedicure \$15

Enhance that special occasion with a service your little one will enjoy. Great for girls birthday parties, before a wedding or just to enjoy some time together at the spa. This service does not include exfoliation or massage.

#### My First Manicure \$10

Enhance that special occasion with a service your little one will enjoy. Nail trim, file, cuticle care, polish.

#### My First Facial \$15

Cleanse. Tone and Facial Massage

#### Haircut and Style \$8

Keep them looking neat for school

#### Ear Piercing \$17

Single starter stud in gold or silver included. Other studs cost additional.

*Homecoming Trends:* What's hot this fall? Keeping that summer glow all year round with Fake Bake sunless tanning (\$28). Buy one, or buy a package and save big time. A professional Fake Bake application goes on smooth with no orange, no harmful rays, and won't wear off blotchy like a spray tan. You can even get it to go and do it at home. Impress your friends and look great for all your upcoming occasions with services from Healing Palms Spa. Schedule your Updo's, Manicure, Pedicure, Facial, Professional makeup application and Massage now so you don't get left out. Show your team spirit with Red and White hair tinsel and feathers. Get your appointment made before September 12th and receive 10% off you booking. Remember to mention where you saw the deal to get the discount price.