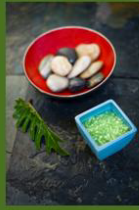


THANK YOU RELAY  
FOR LIFE TEAM  
FOR SUCH A GREAT  
EVENT ON MARCH  
31ST! WE REALLY  
ENJOY DOING THIS  
ANNUAL EVENT  
AND THANK YOU  
FOR ALL  
ATTENDING!



APRIL 2011

# Healing Palms Spa

313 North Main Street  
Austin, MN 55912  
507-434-4046



## JEWELRY SALE!

Have you been eyeing a piece of jewelry every visit to the spa? Here is your chance to finally have it. If you buy 1 piece you will get 10% off your selection, but it gets better. Buy 2 items and get 20% off your jewelry total and buy 3 or more and get 30% off! So hurry down before someone else gets the one you wanted.



**WOW a Facial!** If you love having a face and scalp massage then try this decadent treatment. Brittney Komlan, Cosmetologist, is offering Facial services at Healing Palms Spa. She has a wonderful touch and uses her skills to beautify and cleanse your facial skin while combining it with her relaxing touch. Introductory Prices for April 15% off any 30, 60 or 90 minute facial. Ready for a little more? Add a Brow or lip wax. Haircuts this month will be \$12 from Kristina or Brittney and will include a Brow or Lip wax, and additional facial waxing services will be only \$5 more.

## Spring Clean Your Body At The Spa!

During the winter month's we coop up indoors and count the days until spring arrives. We breath in stale air full of dust and other pollutants such as household cleaners, molds, dust mites and more. Now that spring has arrived and we can get out to smell the fresh air, run, walk, bike and dig in the garden it's a good time to detoxify your body. This month we are focusing on just that and have a variety of services that can aid detoxification. Massage has become well known for it's detoxification properties but did you know that there are ways to get a deeper detoxification and they have their own relaxation properties as well? Ion Cleansing is a great enhancement to follow a massage session and one of the many great services that we offer. The Ion Cleanse we offer is free of harmful metals because

we made sure that our system is free from mercury, lead and other metals that some companies unknowingly use for their modules. The Ion Cleanse uses frequencies designed to break apart the bond between the toxin stored in your bodies fat cells so that it can be disposed of naturally. It is important with any form of detoxification to drink plenty of fluids that are free of toxins and caffeine to push out those toxins. If you have not yet tried the Ion Cleanse now is your time. We will also be adding this service to our spring cleaning services and letting you try it at 15% off. This service can also be done as a couples so why not book it with a friend? It makes a great pre-pedicure session too. Our customers have told us they feel lighter and floaty after their session, and others have even reported weight loss after a few regular sessions.

We have had so many requests for body wrap features that I have listened to you and have another wonderful one this month! This body wrap special will be good for the entire month of April. For **\$59** you will enjoy a special treat for your skin that will nourish it with honey and jojoba oils, detoxify with European green clay and moisturize and brighten with coconut milk (this is not a fragrance, it is a moisturizer). Most of our clients enhanced their sessions with a facial mask for only \$15 more, and our personal steam sauna for only \$10 more. You can add a special aroma to your treatment for only \$4! You can choose from our website to create your own customized treatment just use your imagination and create then relax!

You can BOOK NOW by going to [www.hpmessage.com](http://www.hpmessage.com) and using our 24 hour live booking feature!

### Manicures & Pedicures

A Manicure is a cosmetic beauty treatment for hands and fingernails. A Manicure treatment can treat only hands or fingernails or both.

### Purpose and Benefits of Manicure

The main purpose of the manicure treatment is to improve the look and feel of your hands and fingernails. Another purpose is to clean, strengthen, shape, make attractive and sometimes even dress your nails. The other benefits associated with manicure include:

It improves the health and texture of your hands and fingernails.

- It helps in preventing hang - nail formation.
- It may help in treating sore or broken skin if present around the nails.
- It helps in preventing nail damages like fragile tips, cuts or splits.
- Massage that often accompanies manicure helps in improving the health of the skin by increasing blood circulation.

**By improving the health of the skin, it discourages the wrinkling of the skin on hands. When was your last manicure? Time for Spring cleaning so let us get to work on your hands and feet. 20% off Manicure/Pedicures in April (Spa or Deluxe only)**

**Must mention this ad**

**When booking to be**

**Eligible for discount.**

